

# AIRE VALLEY MAG

COMMUNITY NEWS AND LOCAL BUSINESS DIRECTORY

September 2009



DISTRIBUTED FREE TO SELECTED AREAS IN CROSS HILLS, GLUSBURN,  
SUTTON, EASTBURN, STEETON, SILSDEN, AND KEIGHLEY



## Weddings at Ashmount

The most important day of your life should be held at a place that will never be forgotten.

We can cater for a small intimate weddings or large parties up to 65. If you require more information about our weddings please do not hesitate to call for a wedding brochure.

Ashmount Country House Mytholmes Lane, Haworth, West Yorkshire, BD22 8EZ  
T: 01535 645 726 E: info@ashmounthaworth.co.uk W: www.ashmounthaworth.co.uk

“  
The standard of food and service at our wedding was first class.”

# The Grouse Inn



The Grouse Inn is open all day every day, with Great Home Cooked Food Served:

Monday to Saturday 12:00 - 9:00pm  
and Sunday 12:00 - 8:30pm

Bookings now being taken for Christmas & New Year.

Menu Now Available  
Prices held at £17.95,  
(with a discounted price of £16.95 for Parties of over 20)

Harehills Lane, Oldfield, Nr Oakworth  
Keighley, West Yorkshire, BD22 0RX

Telephone: 01535 643073 Fax: 01535 647632  
Email: greatfood@grouse-inn.co.uk  
Web: www.grouse-inn.co.uk

Call 01535 642227 to be included in the next Aire Valley Mag

## WORTH & AIRE VALLEY MAGS

COMMUNITY NEWS AND LOCAL BUSINESS DIRECTORIES



Contact us: 01535 642227

Elizabeth Barker, Editor

We are looking for volunteers to help compile our editorial content and non commercial community pages. It is a one day a week, three or four hour commitment. Journalism, media studies and graphic design students will be considered as well as mature & computer literate candidates.

email: [info@worthvalleymag.co.uk](mailto:info@worthvalleymag.co.uk)

[www.worthvalleymag.co.uk](http://www.worthvalleymag.co.uk)

Welcome to your new community magazine, the Aire Valley Mag! It is our aim to bring community minded stories and reflections of local life together with a handy business directory. Keep your mag close to hand and use it throughout the month to find local services, products, and events. Our free community pages will keep you up to speed with group activities and various community organisations. We support local trade and and encourage others to do the same. Our motto is Local, Affordable, Community Spirited. With that in mind, please let us know what you would like to find in the pages of the Aire Valley Mag. We publish the magazine monthly, with the exception of Dec/Jan, July/Aug which are published as double editions.

Enjoy! Liz



Liz Barker

# PC Consulting



AVG  
Authorised Reseller

APPLE MAC OR WINDOWS  
NEW COMPUTERS/ RESURRECTION OF OLD ONES  
INTERNET CONNECTIONS  
VIRUS PROTECTION/REMOVAL  
DATA RETRIEVAL  
SERVICE AND UPGRADES  
WIRED OR WIRELESS NETWORKS  
TRAINING



Home or Business We Come To You at No Extra Cost

[www.pcconsulting.co.uk](http://www.pcconsulting.co.uk)



TEL 01535 645226 MOBILE 07939137179

0845 3933232 MOBILE 07830 207123

EMAIL [PC@PCCONSULTING.CO.UK](mailto:PC@PCCONSULTING.CO.UK)



Say you saw it in the Aire Valley Mag!

# Fresh N Fruity Organic Veg & Fruit Boxes

delivered directly to your door!

## Why choose organic produce?

Quite simply, it tastes better! Despite reports in the press recently that organic produce is no better for you than mass produced, forced vegetables, all you need to do is compare the taste of an organic carrot and a non-organic carrot and the results speak for themselves.

## So, why local?

By buying from local farmers we are not only addressing the environmental issues of food miles and wastage but Fresh n Fruity assures that the produce is at optimum freshness as it has not been sitting in a cooled warehouse for up to weeks on end.



## Why Fresh n Fruity?

Dawn and Jane first met at Bronte School when they lived in Oakworth and now, 35 years down the road they both live in Silsden and are not only business partners but also the best of friends. Fresh n Fruity was formed two years ago when Jane and Dawn discovered that they both enjoyed organic veg boxes that were bought from a national company; but they wanted local,



The Fresh n Fruity ladies, Dawn & Jane, proudly display their produce.

**Fresh n Fruity**  
**Dawn** 01535 654351  
 07932 300322  
**Jane** 01535 657374  
 07905 321567

seasonal produce as well as organic; so they contacted a local organic farmer and switched to his boxes which are filled predominately with his own crops from his farm near Boston Spa. "Johnny, the farmer, has a cropping plan with over 50 different varieties of vegetables coming to fruition throughout the seasons," Dawn explained,

***"With autumn and winter around the corner, this is the perfect time to try a box, as our British veg is at its very best this time of year."***

Because they are selling something that they buy for themselves, Dawn and Jane remain enthusiastic about their produce and the service they provide; they find that both busy people and pensioners alike appreciate and enjoy the fact that their boxes will arrive on their doorsteps on the same day each week accompanied by a familiar and friendly face.

All in all it is a satisfying way to support British farming whilst buying wholesome produce and supporting two enthusiastic ladies who are providing a super community service. Give them a ring and tell them you read about them in the new community magazine!

Say you saw it in the Aire Valley Mag!



# Firth's

OF HAWORTH  
 Fine Ladieswear Specialist

Autumn Winter stock arriving daily with an extensive range of

**sandwich** this year plus...  
 Tivoli, Pomodoro, Oscar B,  
 Lisa Campione, Emreco, and more!

## FIRTH'S AUTUMN FASHION SHOW Carousel

Sept 29th 2pm & 7pm Tickets £10@Firth's  
 To benefit Manorlands & Marie Curie

Open 7 days a week  
 98 Main Street, Haworth, West Yorkshire  
 01535 643800

Why not have a  
**FAIRTRADE PARTY**




- ◆ Get together for a great night in
- ◆ We bring our beautiful collection of Fairtrade products to your home
- ◆ Jewellery, bags, scarves and fabulous gift items
- ◆ Relax and shop at home with friends

**FAIRTRADE FOR A FAIRER WORLD**  
 Ring now to book  
 Dawn  
 01535 654351/07932 300322  
 Jane  
 01535 657374/07905 321567  
**FRESH N FRUITY FAIRTRADE**



**Business Networking Event**  
 at  
**Worth Valley**  
 Railway

**Oxenhope Station**  
 Thursday 17th September  
 5.30pm - 7pm

Parky Style Q&A session!  
 Networking for Success & Winning Ways  
 Rural Grants latest!

Tickets £10 per person  
 Includes evening supper  
 Limited places available  
 Now live - [www.whoyano.co.uk](http://www.whoyano.co.uk)  
 Book your place online or Tel: 07921 645612  
 email: [info@whoyano.co.uk](mailto:info@whoyano.co.uk)

(Do you have a local venue or business premises where we can hold our next meeting?)



**brilliant TV for everyone.**

freesat  
**Digital boxes from  
 Pennine Plus £189\***  
**fully fitted & installed.**

Go digital with satellite TV and receive over 140 TV and radio channels or go freesat Plus and take advantage of its in-built recorder. Why not go HD freesat and receive HD channels for free, there's no subscription and no monthly bills to pay.

**Pennine Plus, Cavendish Street, Keighley, 01535 600 700**

\* based on a standard install using standard equipment. Extra charges may occur for certain installs when specialist equipment is required.



**CUSTOM HOUSE AV**  
 AUDIO VISUAL INSTALLATIONS

**Book your personal cinema demonstration today.**

Our new designer showroom is located in the newly refurbished samsung zone. Cavendish Street, Keighley.  
 01535 600 700 - [www.customhouseav.com](http://www.customhouseav.com)

**SAMSUNG ZONE**

**NOW OPEN  
 CAVENDISH STREET  
 KEIGHLEY**

Please choose local suppliers

[www.andrewfixit.co.uk](http://www.andrewfixit.co.uk)

Friendly Computer Service  
 for the Home & Business

Please note our new telephone number -  
 Microsoft **Tel: 01535 600456**  
**CERTIFIED** Professional **Mob: 07779 631370**  
 Professional **andrewfixit@hotmail.com**

Real-world experience and personal expertise  
 makes my services the right choice for you!

**xpert**  
 ELECTRICAL

All Aspects of Electrical Work Undertaken  
 Domestic, Commercial & Industrial  
 Security Systems Full/Part Rewires  
 Inspection & Testing PAT Testing  
 NICEIC Approved contractor & Domestic installer  
[dan@xpertelectrical.co.uk](mailto:dan@xpertelectrical.co.uk)

**01535 642090 • 07967 591688**

Love where you live,  
 contribute to community life,  
 support local trade



**AIRE VALLEY MAG**  
 COMMUNITY NEWS AND LOCAL BUSINESS DIRECTORY

Say you saw it in the Aire Valley Mag!

**STEVE DALE**  
 Motorcycle Services

**MOT Testing Centre**

**01535  
 655528**

Coach House Station Road  
 Steeton West Yorkshire  
 BD20 6RY



**FREE**

**SAME DAY COLLECTION**

**OF ALL YOUR UNWANTED SCRAP METAL**  
 (NO FRIDGE FREEZERS ACCEPTED)

WASHERS COOKERS DRYERS RADIATORS  
 DISHWASHERS ETC

**CALL KEITH - TEL :- 07550013503**  
**E-MAIL :- scrapmanlocal@hotmail.com**



Wonderful Windows  
 Wonderful Value



**...Why Wait?**

**FANTASTIC DOOR OFFER**  
 STILL GOING STRONG  
 Stylish UVPC fitted from only **£350** (inc VAT)

With our own factory and installation teams it's no wonder that SAGARS really can promise to fit your new PVCu windows for much less than you'd expect to pay, on a fixed date, as soon as possible after you order. Why not visit our Lawkholme Lane Factory? Bring your measurements and we'll supply a competitive no obligation estimate, or ring for a no obligation FREE quote.

So what are you waiting for!

**SAGARS**  
 FOR GLASS & WINDOWS

**01535 603399 / 01535 667696**  
 Lawkholme Lane, Keighley, BD21 3HB  
 Open Mon - Fri 8am-5pm, Sat 9pm - 12pm

## KRIS HOPKINS ON FACING THE CHALLENGES THAT LIE AHEAD

Despite Germany, France and Japan all coming out of recession in recent weeks, the United Kingdom continues to suffer from the economic downturn and the effects of this are clearly being felt here as much as anywhere else in the country.

As a local boy educated at Oakworth Grammar School and Keighley College, I am particularly conscious of the impact it is having on young people in the area.



Kris Hopkins is Leader of Bradford Council and the Conservative Prospective Parliamentary Candidate for Keighley and Ilkley.

A recent report published by the Prince's Trust revealed that unemployment amongst 18 to 24-year-olds across Bradford district had risen by 61 per cent in the last year. Additionally, it claimed that one in five young people who have just received their GCSE results could be forced on to the dole queue by the age of 21. These are startling and depressing facts. Sadly, this recession has left our younger generation facing the gloomiest outlook with regard to jobs since the 1929 economic crash. Companies have been forced to shed jobs or close altogether and, even when the economic downturn finally comes to an end, this trend is likely to continue for some considerable time afterwards.

Whilst young people may be powerless to do anything about the bigger economic picture, they can commit themselves to getting the qualifications and skills they need to enable them to get a good job as soon as the situation improves.

Working with the schools, local education

providers must also never stop considering what more can be done to give young people the chance to succeed in the classroom and in the world of work which will follow – and then they must act.

And the parents must also challenge their children and, crucially, be prepared to be challenged themselves.

My proudest moment as Leader of Bradford Council came earlier this year helped

launch the “b someone” campaign to boost skills and educational attainment across the district. The primary focus of the initiative is to encourage adults to help develop children’s educational skills by spending time with them and making learning fun. Life for all of us can be hectic but by involving children in everyday learning activities, such as reading, counting, cooking and playing, and making them fun and interesting, youngsters can undoubtedly come on in leaps and bounds.

Aside from parents, grandparents and other adults can also have a massive influence on a child’s life, especially when it comes to learning and developing skills. For example, shopkeepers can play their part by asking young customers to work out their change rather than simply handing them a fistful of coins.

So, whilst we are obviously going through a difficult economic period at present, it is a time for all of us locally - young people in particular – to stand tall and aspire together rather than putting our collective heads in the sand.

*We Support Local Trade*

**Sunday 13th September 7pm**  
**West Lane Baptist Church**  
**West Lane, Haworth BD22 8EN**  
**tickets £7 (£5 concessions) or £20 family ticket**  
**tel: 01535 647776 (daytime only)**

This production is in partnership with  
**The co-operative membership**  
 Sponsored by The National Lottery through Arts Council England, Kirklees, and West Yorkshire Council

Written & Directed by  
**Mike Lucas**  
 Music & Lyrics by  
**Chris Blackwood & Rebekah Hughes**

*Say you saw it in the Aire Valley Mag!*



 Trip Advisor's  
Top rated restaurant  
in Haworth

# The Stirrup

## RESTAURANT

Handmade meals prepared with care and attention to detail.  
For beautiful food and friendly service you don't have to travel very far.  
Why not meet a friend in Haworth for lunch?  
Or book a table tonight and taste for yourself.  
Set Menu with Early Bird prices extended throughout the evening too.

*Early Bird Special*    2 Courses £14.50  
   3 Courses £16.50

"This could be one of my favourite places to dine."  
"...top class menu, friendly atmosphere and excellent value makes this our best find in a long time."  
"the best sticky toffee pudding you've ever tasted!!!"

103 Main St, Haworth 01535 642007

Mon/Tue-closed...Wed/Thurs 10-5.30pm...Fri/Sat, 10-9.15pm(last orders)...Sun 10-7.30pm(last orders)



## Eye Care Opticians

24-26 BELGRAVE ROAD KEIGHLEY BD21 2DF 01535 602200

*Friendly atmosphere supplying the needs of the whole family from 2 to 92!*

Outside prescriptions accepted with unique onsite manufacturing facility

*Designer frames at best prices possible (OSCAR & FITCH, HUGO BOSS, F.C.U.K., D&G. AND MORE)*

- Convenient out of town location with parking right outside the door
- Access on one level with ramp for wheel chairs or buggies
- Independently owned business...

"LITTLE GEM OF AN OPTICIANS; BEST KEPT SECRET IN KEIGHLEY"

*At Eye Care we care about your eyes!*

**KIDS NO CHARGE & REPLACEMENT PAIRS FREE OF CHARGE!**

*Fun & Funky Designs*  
Hospital prescriptions taken  
NHS patients welcome...  
**NO NEED TO REGISTER**  
Great selection of low cost frames from NHS to designer names



## G B Plumbing & Heating

(Based in Sutton in Craven)

- ✓ No obligations quotations
- ✓ Local Friendly service
- ✓ All aspects of plumbing & heating undertaken

**24/7 Emergency Call Out**

**Gareth Brown - 07894133549**

## JSC Plumbing & Heating

Serving the Aire & Worth Valleys

- ✓ Central Heating    ✓ Boiler Changes
- ✓ Installation        ✓ Call Outs
- ✓ Servicing            ✓ LPG
- ✓ Landlord Certs    ✓ Power Flushing
- ✓ Boiler Repairs

07832 374208  
01535 211787 James St. Claire 



## Jacques F. Balson

Painting & Decorating

Apprentice Trained  
Free Estimates  
All Work Guaranteed  
No Job Too Small  
Over 30 Years Experience!

**01535 661823**

## Steve Daykin

Interior Painter and Decorator

Quality work, good rates,  
reliable clean fast service

**For a free quote please ring**  
**01535 654351 / 07765 890532**

## Simon Thompson Plumber

- Bathroom installations
- Tiling
- Leaks
- Outside Taps
- Leadwork
- ALL PLUMBING WORK UNDERTAKEN
- **FREE QUOTES**
- **NO JOB TOO SMALL**



Tel: 01535 649370 Mob: 07870 383785

## Mike Smith Landscapes

EST. OVER 20 YEARS

Fence Work - Decking  
Pathways & Patios  
Walls & General Landscaping

**free quotes and advice**  
**01535 600129 - 07710 215 061**

## R.P. DECORATING

All Aspects of Decorating  
Interior & Exterior  
Domestic & Commercial

City & Guilds Qualified  
With over 20 years experience  
For FREE Professional advice  
FREE estimate call:

T: 01535 642 864 M: 07989 560 206



## MICK'S

GUTTERING REPAIRS & CLEANING

*plus*  
Boundry Wall Maintenance  
& minor Roof Repairs  
undertaken.

Based in the Worth Valley

Phone:  
**01535 648895 or 07837452604**



Call 01535 642227 to be included in the next Aire Valley Mag

Say you saw it in the Aire Valley Mag!

**Your local cleaning services** *and more!*  
introducing our full office  
cleaning services, buy to let cleaning,  
commercial contracts.

**CarpetNurse** *Back to school special*  
Back to school special  
(ask us for details)

- \*Professional carpet & upholstery cleaning
- \*The latest in "Quick Drying" technology
- \*Unique pet odour and stain remover
- \*Allergy, dust mite & sanitizing
- \*We clean wooden floors too

Call Kath on  
07921 645612  
or 01535-  
640886

Established 3 years serving the community

**Adele's**  
cleaning &  
IRONING SERVICE

**£20 for 35 items**

Telephone:  
01535 648895  
Mobile : 07837 452604

**Free Collection & Delivery**

# Manor Blinds

Cavendish Court Lawkholme Lane Keighley West Yorkshire BD21 3DY



- ◇ Extensive range of made to measure blinds
- ◇ Conservatory blinds a speciality
- ◇ Security products
- ◇ A professional service from a family business with over 40 years experience
- ◇ Visit our factory show room

◇ Free measuring & fast free fitting service

**Tel 01535 691919**

Tell us you saw this ad in the Aire Valley Mag!

## LEADING LIGHTS

Individuals who make a difference.

Steeton girl, Kath Thornton is raising the bar in the world of community based local business by focusing on giving back. It is her time and talent that Kath gives to reach the rural businesses in the region; this is what sets her apart and contributes to a hive of activity in the Worth&Aire Valley communities; in fact, you may have spotted Kath in the local press recently when she was recognised for her efforts to raise funds for Sue Ryder Manorlands in the Big Wig challenge.

Whoyano, a new rural business networking group is Kath's latest brainchild and one to watch in the year ahead. ([www.whoyno.co.uk](http://www.whoyno.co.uk))

An award winning business owner herself, Kath established Carpet Nurse three years ago and continues to build on a customer focused enterprise. Her no nonsense approach and willingness to contribute to community and commercial activities in the region sets her apart from the rest and makes her a leading light.

**Oakworth Cleaning Services**  
Reliable, experienced cleaners  
available now for daily,  
weekly, one-off cleans.

*Introducing a new  
Garden Tidy Service!*

01535 642549  
07812 577320

email: oakworthcleaningservices@msn.com  
Fully insured.

*extremely ironed* 

**Professional Ironing Service**

For the Worth Valley, Aire Valley, & surrounding areas

**FREE collection & delivery**  
Also offering DRY CLEANING Service  
**01535 640230**

Email: [info@extremelyironed.co.uk](mailto:info@extremelyironed.co.uk)  
Website: [www.extremelyironed.co.uk](http://www.extremelyironed.co.uk)

We are pleased to use **ECOVER**  
Effective Cleaning - Ecologically

**LOWBRIDGE**  
Established 30 years  
**UPHOLSTERY**  
& Leisure Curtains

*Don't Replace - Recover!*

Your favourite piece  
of furniture recovered or upholstered

Campbell Street Keighley - 01535 665010

**CoBella**  
Hair & Beauty Salon

Offering a wide variety of beauty treatments

- Party, holiday & bridal packages
- Gift vouchers for all occasions
- Haircuts for all ages from 1-101!
- Manicures, pedicures and more

33 Kirkgate, Silsden,  
West Yorkshire BD20 0AJ **01535 656298**  
MOST MAJOR CREDIT CARDS ACCEPTED

**Craven Foot Health**

Mrs. Claire Minikin MCFHP MAFHP  
Registered Member of the British Association  
of Foot Health Professionals

Foot Health Check and Advice  
Nail Trimming and Removal of Corns, Calluses,  
Verrucae and Other Foot Related Problems

Craven Foot Health, Glusburn BD20 8DS  
Telephone (07967) 316153 for a home visit

**WANTED**  
50 Men & Women to  
Lose Weight In 30 Days

No classes to attend or calorie counting,  
exercise optional and still able to enjoy a  
healthy meal a day.

Text: **AIRE** and your **NAME**  
to **07968 793968**



Say you saw it in the Aire Valley Mag!

Please support local trade

**Thurs 3rd September to Saturday 5th September, 'Oliver!':** Production at Glusburn Institute, tickets from £6.00 at Forget Me Knot, Cross Hills. Tel: 01535630223 or visit [www.glusburninstitute.org.uk](http://www.glusburninstitute.org.uk)

**Sat 5th September, Keighley Agricultural Show:** A varied and exciting day at Marley Showground, with something for everyone. Animals of all shapes and sizes - from Guinea Pigs to Shire Horses and all shapes and sizes in between! Vegetables and flowers, arts and crafts, home produce and many other varied classes and attractions. [www.keighleyshow.co.uk](http://www.keighleyshow.co.uk)



**Thurs 10th September, 'Bringing Wildlife into your Garden':** A walk & talk with the Gardener-in-charge at East Riddlesden Hall. Contact Samantha Lawson on 01535683800



**Fri 11th September, Cakes & Ales at East Riddlesden Hall:** Try a selection and vote for your favourites! Contact: 01535683800

**Sat 12th September, Ladies-only Midnight Walk in Ilkley:** For anyone who missed our ladies-only Midnight Walk in Bingley and Keighley in June, how about entering the Ilkley version and supporting Manorlands in the process. This is a great way to get in shape and help the hospice while spending a fun Saturday night with the girls! [www.suerydercare.org/midnightwalks](http://www.suerydercare.org/midnightwalks) or 01535640430.

**Sat 12th September to Sun 13th September, Heritage Open Days at Glusburn Institute:** guided tours



and family activities. 2-5pm. Tel: 01535630223 or visit [www.heritageopendays.org.uk](http://www.heritageopendays.org.uk)

**Sun 13th September, 'Match the Pigeon':** Walk in aid of Manorlands hospice within the beautiful Bolton Abbey Estate. You walk whilst a flock of racing pigeons, released 168 miles from home, fly back to their lofts in Skipton. Your challenge is to try and arrive at the finish line at the same time as the first pigeon home. Win a flight of your own for two in a helicopter over the Yorkshire Dales! All are welcome. To enter or for more details go to [www.matchthepigeon.org](http://www.matchthepigeon.org) or Tel. Andrew wood on 01535640432

**Sun 13th September, Bonkers about Bugs:** Family day at East Riddlesden Hall from 12.15pm to 4.00pm. For more information Tel: 01535683800



**Sat 19th September, 'Patience':** Gilbert & Sullivan by West Yorkshire Savoyards at the Settle Victoria Theatre. 7.30pm, £12/£10 conc. Tel: 01729825718 or visit [www.settlevictoriatheatre.co.uk](http://www.settlevictoriatheatre.co.uk)

**Sun 20th September, Fresh & Organic Farmers' Market:** Locally sourced produce at Church Green from 9.00am to 1.00pm. Call 01535618252 for more info.

**Sun 20th September, The Bronte Big K Mountain Bike Challenge:** There will be three routes named Charlotte, Emily and Anne (31, 21 and 11 miles) this event is an event suitable for all with a bike! For more details ring Manorlands Fundraising Office on 01535 640432.

**Wed 23rd September, Fashion Show:** At Bradford and Bingley Rugby club in aid of Manorlands Hospice. For more details contact Manorlands Fundraising office on 01535640430.



**Fri 25th September, World's biggest coffee morning:** In aid of Macmillan Cancer Care at Bolton Abbey Village Hall.

£3.30, from 10am til 12.30pm. Tel: 01756710238

**Fri 25th September to Sunday 27th September, Skipton Puppet Festival:** 3rd international puppet festival in Skipton, with companies performing from Russia, Hungary, Austria, Germany, Belgium and France and UK. Performance tents by Skipton Canal Basin. There are free shows and also a continental market. Other event locations include Skipton Town Hall, Judy Dench Studio Theatre, Skipton Little Theatre and more. [www.skiptonpuppetfestival.co.uk](http://www.skiptonpuppetfestival.co.uk)

**Tuesday 29th September, Painting & Drawing Course:** At Skipton Castle, from 7pm until 9pm. [www.skiptoncastle.co.uk](http://www.skiptoncastle.co.uk)

**Out and about...**

**Tues 1st September, Kilnsey Show:**

The Dales' foremost agricultural show with dry stone walling, produce, handicrafts, horticulture, equestrian events, fell races and harness racing. There's food, refreshments and amusements for all the family. Admission to the showground is £8 for adults, £1 for children 16 and below and for those under 5's free. Parking on the showground is £10 at the main gate, entrance A, and £5 at Conistone Bridge, entrance C. Off the showground parking is free. [www.kilnseyshow.co.uk](http://www.kilnseyshow.co.uk)

**Sat 5th September, Barn Boogie at Thornton Hall Farm country farm park:** Supported by up and coming barnoldswick band - Tyro. Tickets cost £18 including Hog Roast and full entertainment for the evening! Licensed bar and free parking, 7.30pm until late. [www.thorntonhallcountrypark.co.uk](http://www.thorntonhallcountrypark.co.uk) or tel: 01282841148 or 07738869084.

**Contacts to keep by the phone:**  
**NHS Direct:** 0845 4647  
**Metro**(bus times):01132 457676  
**Keighley&District:** 01535603284  
**Airedale Hospital:** 01535652511  
**Citizens Advice:**08701264786  
**North Yorks. Police:**0845 60 60 24 7  
**West Yorks. Police:**0845 60 60 60 6  
**Crimestoppers:** 0800 555 111

.....  
**Are you a community group or not-for-profit organisation?**  
**List your events and news in these pages FOR FREE and keep the community up to date with what is happening each month! Contact us with your details: 01535 642227 [mail@worthvalleymag.co.uk](mailto:mail@worthvalleymag.co.uk)**  
 .....





# Harvest Souffle

From Nel's kitchen

***A delicious dinner dish which celebrates the best of the harvest - and great for showing off the fruits of your allotment or vegetable patch.***

Don't be put off by the thought of making "soufflé" – just make sure you have a deep enough dish, and that it is well greased.

- 450g courgettes, peeled and diced
- 450ml milk
- salt and pepper
- pinch of grated nutmeg
- 3 eggs

- about 1kg of a mix of your favourite root vegetables and/or squashes – carrot, swede, sweet potato, squash, peeled and chopped into 2-3cm chunks
  - 3-4 oz pearl barley, soaked and cooked according to the instructions on the packet
  - 2 vegetable stock cubes
- Pre-heat oven to gas mark 6, 200 electric or 190 fan)

First, prepare the pearl barley – it usually needs soaking and cooking for at least an hour and a half.

Lightly cook the vegetables for around 10 minutes, and then place with the barley in the bottom of the soufflé dish. Warm 150 ml of the milk and melt the stock cubes into it – pour over the vegetables

Cook the courgettes in half a pint of milk with salt, pepper and nutmeg over a low heat until very soft, and then pour off half the remaining milk in the pan. Puree the courgettes with a whisk, blender or by mashing it and then pushing it through a sieve with a spoon. Allow to cool and check the seasoning – it often needs a little extra salt and pepper.

Separate the eggs and stir the yolks into the courgette puree. Whisk the egg whites until they are firm, and stir a tablespoon or two into the puree. Then add the rest of the whites and fold them in with a figure of eight shape (don't beat them as the air will come out and you will get scrambled eggs!)

Pile the mix on top of the vegetables and reduce oven heat to 170 (150 fan) or gas mark 3, and bake for around 40 minutes. Do try not to peep! You can keep it longer in the oven if it still seems a little runny - just cover the top with some greaseproof paper to prevent it burning.

Say you saw it in the Aire Valley Mag!



*Do you ever wish you could turn up the volume of speech when in background noise? Are you finding that people seem to mumble more nowadays?*

**If the answer to either of these questions is yes, then you probably need your hearing checked.**

Digital Hearing Care, is a trusted local independent company with lots of experience and a host of satisfied customers. The company is registered with the Hearing Aid Council and prides itself on professionalism and integrity.

Paul Minikin, owner and MD explains, "It is very important to us that the customer feels completely confident and understands that we are completely focused on improving their hearing. We can call to see them in the comfort of their own home; there is no charge for the initial consultation and absolutely no obligation."

All dispensers employed by Digital Hearing Care are registered Hearing Aid Dispensers and follow a number of important steps. *They will:*

1. Ask you some questions about your ears and have a look in your ears to enable them to determine whether they should refer you to your doctor.
2. Make sure they properly understand how your hearing problem affects you.
3. Conduct a comprehensive

hearing test including a speech test to determine your suitability (or otherwise) for hearing aids.

4. Explain their findings and answer any questions that you may have.

5. Provide you with information on what types and sizes of hearing instruments are suitable for you and how much they cost.

6. Give you a realistic assessment of what can be achieved with the different types of hearing instrument they recommend.

If you decide you want to purchase hearing aids the next stage is to take impressions of your ears so they can build to the exact shape of your ear, enabling a comfortable, whistle-free fit.

'We excel at looking after our customers properly and like to go the

extra mile. As an independent company we can supply hearing instruments from all the major manufacturers, unlike the national chains that tend to dispense reduced product ranges from a small number of manufacturers. We offer a 60 day money back guarantee on all aids dispensed. We also offer a competitive 'all-make' repair service for hearing aids dispensed by other companies and sell a wide range of batteries and accessories at great prices."

Don't put up with hearing loss, take the first step, Call **Digital Hearing Care at (01535) 606350.**

*Turn up the volume and you will soon turn up the enjoyment in your life!*

Digital Hearing Care, Keighley BD21 1SX  
[www.digitalhearingcare.org.uk](http://www.digitalhearingcare.org.uk)



Call 01535 642227 to be included in the next Aire Valley Mag

Sponsored by  **D&R CONSTRUCTION** PHONE OR FAX: 01535 647166  
MOBILE: 07770 890 652

# Where in the Aire Valley? COMPETITION

Can you identify the building or landmark indicated by the red cross in this photograph?

This month's prize is A Free Day Rover Pass on the Keighley & Worth Valley Railway.

Email your answer to:  
mail@worthvalleymag.co.uk

The winner will be selected from all correct answers received by Sept 15, 2009

Google Earth ©



The winner will be notified by email and announced in the next issue, October 2009.

## WEBSITE OF THE MONTH

If you're the type that can't resist a bargain then this month's website is for you!

**My Voucher Codes UK** is the UK's largest website for online discounts, special offers and deals and allows thousands of people daily to find and share promotional codes and offers for over 2000 UK online stores. The site has a useful search engine for finding the products or shops you're interested in and allows users to vote and leave live comments on how the discount worked for them as well as tips for other shoppers. Users can also subscribe to daily emails which alert you to the latest money saving vouchers on offer. Printable vouchers are also available for purchases in store. Best of all - It's free to use!  
[www.myvouchercode.co.uk](http://www.myvouchercode.co.uk)

## TESLA SECURITY

 **20yrs Experience**   
Keeping Yorkshire Secure 

Does your security box display any of these logos?



Then you may already be serviced by Tesla Security

- Alarms & CCTV
- Excellent Service
- New Installations
- Maintenance & Monitoring, Redcare, DualCom or just Audible

You can switch over your alarm to Tesla for **FREE!** \*  
(\* few conditions apply, mention this ad when you call)

**01274 833955**

teslacorporation@btconnect.com

To advertise call Liz on 01535 642227

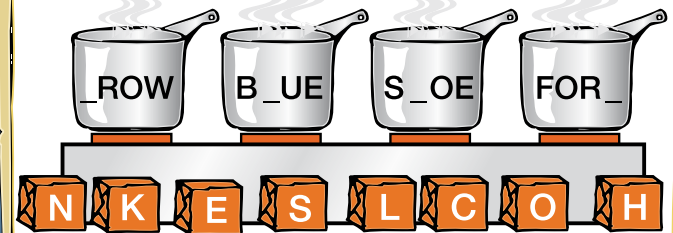
# THE Puzzle Cellar

SALAD DRESSING  
MAY O'NAYS

## STOCK THE POTS

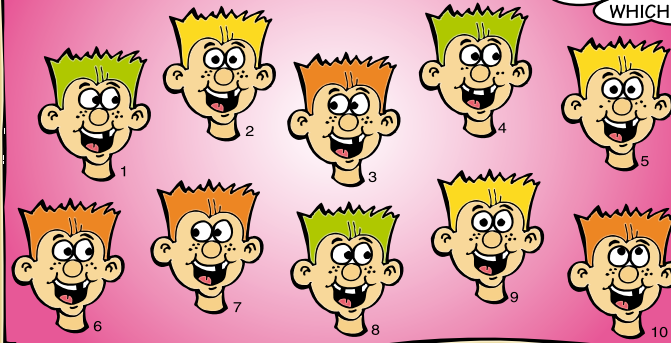
Use 4 of the letters on the stock cubes and add them to the letters on the pots to spell -

- 1) A type of bird
  - 2) A colour
  - 3) An item of clothing
  - 4) A garden tool
- The remaining 4 letters will spell the name of a part of your body.



## FUNNY FACES

ONLY 2 OF THESE 10 FACES ARE EXACTLY THE SAME. WHICH 2?



FAIRY TALES  
JUAN C. PONATIME

©gall&strachan 2007  
www.puzzlecellar.com

Answers: 1) CROW 2) BLUE 3) SHOE 4) FORK. Part of the body NOSE.  
Identical Faces 2 & 9.

Say you saw it in the Aire Valley Mag!



LILIES OF THE VALLEY is a new local charity run by a group of women from different churches in Keighley.

The newly renovated and refurbished premises at No 72,

Cavendish Street opens its doors to the public September 2nd. The drop-in centre for mothers provides a very attractive, safe, and warm venue in which women can meet, enjoy homemade cakes and feed their babies.

Over the past 16 months No 72 has been transformed from a rather antiquated retail premises into a modern, light and airy space. Central heating, a disabled toilet and baby changing facility and a new fire alarm system have all been installed, as well as new flooring.

The trustees of LILIES OF THE VALLEY feel that the provision of this facility will

benefit many mothers in our community, particularly because of its central location, and being so near to the bus station and shopping centre. They know from personal experience that being a mum can be far from easy and is potentially very isolating. A meeting place such as this can go a long way in bringing women together who can encourage one another.

The drop-in centre is run by volunteers who passionately believe that women need to be valued and supported in their role as mothers. The Christian ethos of the centre will emphasise this and will welcome all mums, regardless of race or creed. No 72 is keen to signpost to other agencies in Keighley, and has begun to network already with some of these.

No 72 will initially be open on Wednesdays at 12.30-2.30pm, and Thursdays, 10-12pm. Donations are gratefully received for the refreshments, and mums are invited to ring the doorbell on arrival!

## Your Local Independent Insurance Advisors

### Finding You The Best Quotes For All Insurances

Let Property • Business • Home Car • Tradesmen • Vans Mortgages & Protection • Travel



0800 1954427

1 Lidget Mill, Oakworth, Keighley BD22 7HN

[www.veritass.co.uk](http://www.veritass.co.uk)

Authorised and Regulated by The Financial Services Authority

Your Home May Be Repossessed If You Do Not Keep Up Payments On Your Mortgage

**Home Willwriting**  
*Only a Will provides peace of mind that your wishes will be carried out.*

- Free Initial Consultation
- Guardianship For Children
- Inheritance Tax Planning
- Protecting Against Nursing Home Fees
- Lasting Power Of Attorney's
- Probate Services

For a Professional, Caring and Friendly Service  
Call 01756 701132  
[info@goodwillsprofessional.co.uk](mailto:info@goodwillsprofessional.co.uk)

Goodwills Professional | G

# WANTED

## COMMUNITY MAGAZINE DELIVERY TEAM

REGULAR MONTHLY DELIVERY ROUNDS AVAILABLE

ARE YOU RELIABLE, HARD WORKING, FIT AND ACTIVE?

WE ARE LOOKING FOR COMMITTED, HARDY INDIVIDUALS (NO MATTER THE WEATHER!) WILLING TO MAKE REGULAR DELIVERIES IN THE LAST WEEK OF EACH MONTH.  
GOOD RATES OF PAY.



CONTACT AIRE VALLEY MAG ON 01535 642227

## VERITASS INSURANCE AND MORTGAGE BROKERS OAKWORTH (FORMERLY CROSS HILLS)

The Veritass office is now situated in the village of Oakworth next to the Health Centre. The company has been established for nearly twenty years and has been built up through recommendations and currently employs nine local people. Alison Jenkins, who is the director of Veritass, originally started trading from her home address in Sutton in 1990. The office in Cross Hills relocated to Oakworth in April 2008. Veritass' achievements were recognized this year when Alison Jenkins, the company director, was selected as one of the business leaders in the millennium and the company is now included in the publication of "Who's Who of Britain's Business Elite".

Veritass can arrange all types of insurance and the staff offer a personal service to its customers. They are there to discuss any problems or queries either by calling in the office or telephoning. All calls are answered personally and promptly. They deal with a wide range of insurers and are currently negotiating a scheme with an insurance company who will offer discounted motor insurance rates for people in the village and surrounding areas.

People are returning to Brokers. They are realising that the service and cover received from direct writers is inferior to the service and cover offered by local brokers. Statistics show that a very high proportion of cover arranged on the Internet is not correct and this can lead to policyholders being uninsured and possibly receiving motoring convictions.

Veritass are also currently offering assistance to clients considering Equity Release. For more information visit their website [www.veritass.co.uk](http://www.veritass.co.uk) or ring Alison on 01535 640457.

Say you saw it in the Aire Valley Mag!

# BUSINESS DIRECTORY

## Aerials/Audio/TV

Pennine Plus p.6  
Custon House AV p.6  
S Hardaker p.24

## Business Services

Who Ya Know p.5  
**Cafe/Afternoon Tea**  
Ashmount p.23

## Cleaning / Domestic

Adele's Cleaning & Ironing p.12  
Carpet Nurse p.12  
Extremely Ironed p.12  
Oakworth Cleaning p.12

## Computers

Andrew Fix-it p.7  
CloudFreeIT p.24  
PC Consulting p.3

## Curtains/Blinds

Manor Blinds p.13

## Electrical

Xpert Electrical p.7

## Garden Related

Mike Smith Landscapes p.10

## Greengrocers

Fresh n Fruity p.4

## Hair

Co Bella p.13

## Healthcare/ Beauty/ Fitness

Craven Foot Health p.13  
Digital Hearing Care p.17  
Wellness/Slimming p.13

## Insurance

Verritass p.21

## Joinery /Windows/Doors

Sagars windows p.7

## Maintenance/Repairs

Mick's Guttering Repairs p.11

## Mobility

Worth Ability p.24

## Motor

Steve Dale p.7

## Opticians

Eye Care Opticians p.11

## Painting & Decorating

Steve Daykin p.11

Jacques Balson p.11

R.P. Decorating p.11

## Plumbing /Tiling

GB Plumbing & Heating p.10

JSC Plumbing & Heating p.10

S. Thompson p.10

## Restaurants & TakeAways

The Stirrup p.10

## Retail

Firths p.5

Fair Trade Parties p.5

## Security

Tesla p.18

## Scrap Metal

Scrapmanlocal p.7

## Soft Furnishings

Lowbridge Upholstery p.13

## Wedding Services

Ashmount p.2

Wedding Photography p.23

## Aire Valley Mag

01535 642227

info@worthvalleymag.co.uk

# AIRE VALLEY MAG

COMMUNITY NEWS AND LOCAL BUSINESS DIRECTORY

local, affordable, community spirited



for more details contact us on  
**01535 642227**

# Afternoon Tea at Ashmount




Join us for a **Traditional Afternoon Cream Tea at Ashmount Country House.**

Set in a tranquil relaxing setting, in the beautiful landscaped gardens and just a 3 minute stroll from the centre of Haworth.

Afternoon Tea served daily  
2.00pm - 5.30pm. Booking is advisable.  
Call: 01535 645 726

“Afternoon Tea was amazing - what a wonderful find, we will be back.”

Ashmount Mytholmes Lane, Haworth, West Yorkshire, BD22 8EZ  
E: info@ashmounthaworth.co.uk W: www.ashmounthaworth.co.uk

# Wedding Photography






by one of the UK's leading press photographers.

Bring back memories of your wedding day with a beautiful series of candid and informally posed reportage style images.

Prices start from just £375, unbeatable value for the highest standards.

T...01535 643686  
M...07850 207123

WWW.WEDDINGREPORTAGEPHOTOGRAPHY.CO.UK

## Computer misbehaving?

Need access to the internet,  
but don't know where to start?

The approachable experts  
are here to help you!



**CLOUDFREEIT**  
...the way IT's meant to be!

www.cloudfreeit.com info@cloudfreeit.com

### Call Us Now

**01535 358161**

Professional computer  
installation, servicing,  
upgrades & repairs  
for home & business

Can't come  
to us?  
We'll come  
to you!  
Just ask!

Opening  
Hours  
Mon-Fri  
9.00-5.30  
(Sat. by  
apptmt.)

CloudfreeIT is a trading name of Motion IT Consulting Ltd.  
Unit S3, Keighley Business Centre, South St. Keighley, BD21 1SY

## TV, Aerial & Satellite installations

Digital signals available  
throughout the Aire & Worth Valleys

Let us help you make the switch

digital

Fully insured member of the CAI

20 years experience

All work guaranteed

Locally based



CCTV Services

Plasma & LCD TV Mounting



S Hardaker Aerials  
**644430**

# Cosyfeet

footwear, socks and hosiery for men and women

We are **YOUR**  
local Cosyfeet  
authorised  
stockist



footwear specially designed for wider feet  
*arthritis diabetes swollen feet & legs*  
*leg ulcers strokes gout*  
*poor circulation MS bunions*



Traditional & experienced service

Free local home delivery

No obligation appointments

call Ruth on

**01535**

**644496**

GOOD ACCESS

EASY PARKING



**worth  
ABILITY**

Professional Traditional Courteous

33 Sun Street  
H A W O R T H  
West Yorkshire  
B D 2 2 8 B S

ruth.moore8@  
btinternet.com

www.worth-  
ability.co.uk

Cover photo: Paul Banker www.paulbanker.com